

SGA Govt. Degree College (A), Yellamanchili

Women Empowerment Cell

Report on

Awareness Programme on General Hygiene

12.09.2025

- An awareness program was organized on general hygiene aims to educate the students through presentations on practices that prevent disease and improve public health. It started with a survey to understand existing hygiene practices and health challenges within the student community.

Key topics covered include

- Personal hygiene: Regular bathing, cleaning nails, brushing teeth, and proper disposal of bodily fluids.
- Hand hygiene: Emphasizing thorough handwashing with soap, especially before eating and after using the toilet, as a key method for preventing the spread of germs and diseases.
- Environmental sanitation: Maintaining clean surroundings, proper waste management, and ensuring access to clean water and sanitation systems.
- Food and water hygiene: Practices like washing food, cooking in clean utensils, and drinking clean water. Health and wellbeing: The link between hygiene, diet, and overall physical and mental health.

Students Expressing Their Views



